

Rita Xiaochen Hu
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EDUCATION

Joint PhD in Social Work and Developmental Psychology 2018- 2024
University of Michigan, Ann Arbor, MI
Advisors: Lydia W. Li, Ph.D., Toni C. Antonucci, Ph.D.

Master of Social Work (MSW) 2018 – 2019
University of Michigan, Ann arbor, MI
Advisor: Lydia W. Li, Ph.D.

Bachelor of Arts (BA) Social Welfare and Psychology 2013 – 2017
University of California, Berkeley
Advisor: Andrew E. Sharlach Ph.D.

PUBLICATION

Hu, R. X., Luo, MS, Zhang, A, Li, L.W. (2020). Understanding Ageism in relation to older adults' health: a systematic literature review. *Research on Aging*.
<https://doi.org/10.1177/0164027520980130>

Zhang, A., **Hu, R.X.**, Wang, K., & Antalis, E. P. (2020). Age moderates the association between psychological distress and engagement in mindfulness among cancer patients and survivors: A population-based study. *Journal of Psychosocial Oncology*, 38(5), 513–526.
<https://doi.org/10.1080/07347332.2020.1764158>

Luo MS., Li, L.W., **Hu, R.X.** (2020) Self-perceptions of aging and domain-specific health outcomes among midlife and later-life couples. *Journal of Aging and Health*.
<http://doi.org/10.1177/0898264320966263>

Wang, K., Zhang, A., Sun, F., & **Hu, R. X.** (2020). Self-Rated Health Among Older Chinese Americans: The Roles of Acculturation and Family Cohesion. *Journal of Applied Gerontology*, <https://doi.org/10.1177/0733464819898316>

Xiang, X., Freedman, V. A., Shah, K., **Hu, R. X.**, Stagg, B. C., & Ehrlich, J. R. (2020). Self-reported Vision Impairment and Subjective Well-being in Older Adults: A Longitudinal Mediation Analysis. *The Journals of Gerontology. Series A, Biological Sciences and Medical Sciences*, 75(3), 589–595. <https://doi.org/10.1093/gerona/glz148>

Herrenkohl, T. I., Fedina, L., Roberto, K. A., Raquet, K. L., **Hu, R. X.**, Rousson, A. N., & Mason, W. A. (2020). Child Maltreatment, Youth Violence, Intimate Partner Violence, and Elder Mistreatment: A Review and Theoretical Analysis of Research on Violence Across the Life Course. *Trauma, Violence, & Abuse*.
<https://doi.org/10.1177/1524838020939119>

Publications in Progress

Hu, R.X., Li, L.W., Luo, MS. (in progress). The effect of self-perceptions of aging on objective and subjective social isolation.

Ajrouch K.J., Webster N.J., **Hu, R.X.**, Antonucci, T.C. (in progress). Friendship over time and effects on health.

Research Report

Graham, CL, Nicholson, R, Scharlach, AE, Stark B, **Hu, R.X.** (2018). "Village Non-Participation Study Research Brief". Technical Report to Mather LifeWays Institute on Aging.

Scharlach, AE, Graham, CL, Stark, B, **Hu, R.X.**, Rodbro, E. (2017) "Creating Age-Friendly Communities Through the Expansion of Villages: Summary of Longitudinal Member Outcomes". Year Four Evaluation Technical Report to The Archstone Foundation. Available at: <http://socialwelfare.berkeley.edu/casas-recent-publications>

PRESENTATION

Hu, R.X., Li, LW, Antonucci, TC. (November 2019) "Transitioning out of Grandchildren Caregiving: Effects on Grandparents' Emotional Well-Being". Poster at the 2019 Gerontological Society of America (GSA) Annual Scientific Meeting. Austin, TX.

Hu, R.X., Zhang A. (November 2019) "Age Moderates the Association Between Engagement in Mindfulness and Psychological Distress Among Cancer Survivors". Poster at the 2019 Gerontological Society of America (GSA) Annual Scientific Meeting. Austin, TX.

Hu, R.X., Luo, M, Zhang, A., Li, LW (May 2019) "Understanding Ageism in Relation to Older adults' Health: A Systematic Literature Review". Oral presentation at the 2019 International Association of Gerontology and Geriatrics European Regional Congress. Gothenburg, Sweden.

Hu, R.X. (May 2017) "Aging on A Foreign Land: Newly Arrived Asian Elderly Immigrants' Life in the U.S.". Oral Presentation at 2017 UC Berkeley School of Social Welfare Scholar's Day. Berkeley, CA.

SCHOLARSHIP AND AWARD

GSA Junior Investigator Diversity Fellow Award November 2020
Institute for Social Research-Rackham Training Award July 2020
Rackham International Student Fellowship January 2019 - January 2020
Joseph Veroff and Katherine Luke Memorial Award August 2019
Rackham International Conference Travel Grant May 2019

RESEARCH EXPERIENCE

Research Assistant January 2021 - July 2021
University of Michigan School of Social Work, Ann Arbor, MI
Principle Investigator: Lydia W. Li, PhD
Intervention Project: Connecting through phone-based meditation

Graduate Student Research Assistant September 2019 – May 2020
University of Michigan School of Social Work, Ann Arbor, MI
Advisor: Lydia W. Li, PhD
Research Topic: Self-Perception of Aging on Social Isolation

Survey Research Associate January 2016 – January 2018
Center for the Advanced Study of Aging Services, Berkeley, CA
PI: Andrew Scharlach, PhD & Carrie Graham, PhD, MGS
Research Topic: The Village Model

PRACTICE EXPERIENCE

MSW Intern January 2018 – August 2019
Milan Seniors for Healthy Living, Milan, MI

LEADERSHIP EXPERIENCE

Co-Chair May 2019 – May 2021
Social Chair September 2019 – May 2019
Doctoral Student Organization, University of Michigan School of Social Work

International Task Force Lead January 2020 – January 2022
Emerging Scholar and Professional Organization (ESPO)
The Gerontological Society of America (GSA)

Doctoral Student Committee Member March 2020 – March 2021
Society for Social Work Research (SSWR)

TEACHING EXPERIENCE

Graduate Student Instructor (GSI) WN 2021

Course: Psych 250: Introduction to Developmental Psychology

Lead Instructor: Dr. Lucretia M. Ward

Graduate Student Instructor (GSI) Fall 2020

Course: Psych 111: Introduction to Psychology

Lead Instructor: Dr. Elizabeth Buvinger

Responsibilities:

- Teaching three in-person weekly discussion sections
- Developing section materials for both in-person and online teaching modes.

English Instructor September 2016- August 2018

Prison University Project, San Quentin, CA

Course: English 99A Pre-College Writing

Writing Tutor January 2014 – May 2016

UC Berkeley Student Learning Center, Berkeley, CA

PROFESSIONAL MEMBERSHIP

The Gerontological Society of America

Society for Social Work and Research

Association for Gerontological Education in Social Work